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<p>Give birth</p> <p>Have babies Start projects Invent Write Create</p>	<p>Die</p> <p>Leave a relationship Quit a job Leave a church Set parameters around relationships Let go of something near and dear</p>
<p>Plant</p> <p>Garden Share ideas Speak your thoughts Meal plan</p>	<p>Uproot</p> <p>Move Marry Divorce Send kids to college Give away children in marriage</p>
<p>Kill</p> <p>A behavior Sin A habit An addiction</p>	<p>Heal</p> <p>A relationship From trauma From physical illness and/or pain Your corner of the world Your immediate experience From the Fall</p>
<p>Tear down</p> <p>Walls in a relationship Words that harm Unbiblical teaching Old, useless structures (habits, behaviors, relationships)</p>	<p>Build</p> <p>New relationships Current relationships Relationship with God Ministry Churches Business Education</p>

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<p>Weep</p> <p>Loss Death Failure Sin Pain Sickness Relationships Milestones</p>	<p>Laugh</p> <p>At jokes At yourself At others With others At the irony of it all When out of control Watching God's plan come together At fools</p>
<p>Mourn</p> <p>When grief isn't enough</p>	<p>Dance</p> <p>When happy When sad When praising At celebrations With someone</p>
<p>Throw stones</p> <p>At hypocrites At liars At oppressors At evil At heretics</p>	<p>Gather stones</p> <p>That hurt others To build To throw</p>
<p>Embrace</p> <p>Hug Greet Snuggle Hold Hold hands Intimacy Comfort Kiss Shake hands</p>	<p>Avoid embracing</p> <p>Hug Greet Snuggle Hold Hold hands Intimacy Comfort Kiss Shake hands</p>

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Search	Count as lost
Tear up the house Tear up the car Repeat Look for love Ask reasons Investigate claims The Scriptures For God The “why” questions For a new home For a new car For the perfect dress For the perfect shoes For the perfect life For lice (or fleas) Joy Happiness Comfort Peace The promised land Perfection A good meal A great restaurant For friends For a spouse	Philippians 3:8

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<p>Keep</p> <p>Friends Mementos Photos Journals Favorite clothes Meaningful things Expensive things Spouse Books Magazines Pets Too much stuff</p>	<p>Throw away</p> <p>Stuff Friends Spouse Garbage Unnecessary items Old clothes, shoes, appliances Old food Mementos Books Magazines</p>
<p>Tear</p> <p>Clothes Paper People Relationships Garbage</p>	<p>Sew</p> <p>Clothes Relationships Household items Halloween costumes Special occasion wear Shoes</p>
<p>Silence</p> <p>When it hurts too much When it costs too much When it's important Wrong time Wrong place Wrong person Wrong words</p>	<p>Speak</p> <p>When it hurts too much When it costs too much When it's important Right time Right place Right person Right words</p>

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<p>Love</p> <p>With risk Without risk When it hurts When it feels good When commanded Loved ones Enemies Fools</p>	<p>Hate</p> <p>What God hates Fallen sinful circumstances Sin The Devil The Devil's offspring</p>
<p>War</p> <p>In ourselves In the world In relationships In the church At work At home In our families With our loved ones With our enemies</p>	<p>Peace</p> <p>In ourselves In the world In relationships In the church At work At home In our families With our loved ones With our enemies</p>